



# U.S. NAVAL SEA CADET CORPS

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Alamo Battalion/TS Alamo

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## Prospective Cadet Visit Guide

Dear Prospective Cadet and Parents,

Thank you for your interest in the Sea Cadet Program, and for coming to visit us. A typical drill visit begins on Saturday at 0800 and concludes at 1900. Please be prompt. Here is a quick list of the paperwork we need you to complete and the items that parents need to supply so that the prospective cadet's visit with us is safe, fun and informative.

### Paperwork

- ◇ Cadet Application ([NSCADM001](#)) **only** pages 1-4 should be filled out before you arrive.
  - We are in Region Eight.
  - Parents should initial, sign and date at drill with one of the officers or instructors as witness.
  - Pages 5 - 8 should be filled out by your medical provider **once** you are sure about joining. We do not need it for a visit, **EXCEPT**, if your prospective cadet is going to have any medication, OTC or prescription during the visit, fill out pages 7-8 and discuss it with our staff before departing the drill location.
  - If you require an accommodation under the Americans with Disabilities Act, please fill out pages 9 & 10 and bring them to your visit, so that you may discuss them with our staff.
  - The prospective cadet can sign page one, block two at the end of the visit after taking the oath, if you decide that he or she will join us.
  - If you do not know how to fill something out, please leave it blank and we will assist upon your arrival.
- ◇ Completed and signed waiver from host organization or guest trainer (e.g., the SAFD, SAPD, a museum, etc.). We will let you know whether this is required prior to your visit.
- ◇ The Plan of the Day (POD), should be printed and reviewed with your prospective cadet regarding drop-off and pick-up times and drill fees.

Equipment and Clothing – The prospective cadet should arrive in a collared shirt and khakis or jeans (not ripped). Bring:

- ◇ Solid color or US Navy themed T-shirt for Physical Training (PT)
- ◇ Solid color shorts for PT
- ◇ A light jacket or sweats, if the weather calls for it.

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- ◇ Athletic socks
- ◇ Athletic shoes (your prospective cadet can wear these to drill for now)
- ◇ A personal hydration system (Camelbak or similar). Do not rely on a bottle of water.
- ◇ **IMPORTANT:** Bring anything else listed in the POD (e.g., swimsuit) for the drill.

#### Drill Fee

- ◇ Please put cash (See the POD for the amount, typically \$30) in a sealed envelope and write your prospective cadet's name on the front.

#### **For Prospective Cadets:**

You will have the most fun at drill if you arrive prepared. Because you are new, we do not expect you to know much about how we do things; however, it is never too early to get ready for new challenges. Here are some things that you can do to get ready.

- ◇ Read the [Cadet Code of Conduct](#). If you will abide by the Code of Conduct, and honor the promises contained there, you are welcome to join us.
- ◇ Show up in shape. Start doing your push-ups and sit-ups, and run, run, run. Sea Cadets must pass Physical Readiness Tests (PRTs) for promotions or trainings. You won't get in shape at drill; we only see you once per month. Start practicing now and make it a habit. Review this document two of [NSCTNG 020 \(Rev 02/18\)](#) to see our standards. If you cannot meet the standards now, do not worry. You are young, and you will be able to see improvement quickly, IF you commit to getting in shape.
- ◇ Be organized. Your parents will help make sure that you have everything you need for drill, and that is great. However, once you join, having all of your gear becomes your responsibility, not theirs. Start a good habit, and make sure that you have everything listed on the first page of this document ready to go. Don't wait until the night before; last minute shopping is no fun for parents.
- ◇ Read the [Plan of the Day](#) (POD), sometimes called the Plan of the Month (POM). It tells you important information about where you need to be, when you need to be there, what you need to wear, and what you need to bring. Get in the habit of knowing the POD, and always have a printed copy of it with you.

Come ready to learn and ready for a challenge, and you will have fun and meet friendly and motivated shipmates. We are looking forward to your visit.