

PLAN OF THE DAY

The Plan of the Day is an official document of the Alamo Battalion. Its contents reflect current orders of the Commanding Officer and official unit announcements. All Battalion personnel are responsible for reading and understanding the information contained herein. Parents and guardians of Cadets are encouraged to read the Plan of the Day and to make note of meeting days and special announcements that may affect personal schedules.

“I promise to serve faithfully, honor our flag, abide by Naval Sea Cadet Corps Regulations, carry out the orders of the officers appointed over me, and so conduct myself as to be a credit to myself, my unit, the U.S. Naval Sea Cadet Corps, the Navy, the Coast Guard, and my country. (So help me God.)”

CADET OF THE MONTH: NONE
October DRILL THEME: Health and Fitness

13 JANUARY 2024

LT Jason M Heinen, USN (Ret)
COMMANDING OFFICER

EMCS Christopher Matthews, USGC
EXECUTIVE OFFICER

Division Officer: CWT2 Hess

Command Duty Officer: HM1 O’Kelly

Drill Hours: Saturday, 0800-2400 Hours

Uniform of the Day	Officers/CPOs: Sea Cadets/League Cadets	NWUs/PTUs NWUs/PTUs
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LPO: PO3 Cuencar ALPO: PO3 Paul	Duty Medical: SN Kohlleppel Duty MAA: SN Karr
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DRILL ROUTINE

0730 Staff, CPO, LPO arrive (PTUs) @NOSC 3837 Binz Engleman Rd, San Antonio, TX 78219	1730 Dinner
0800 Cadets and Visitors Arrive (PTUs) @NOSC 3837 Binz Engleman Rd, San Antonio, TX 78219	1756 Sunset
0815 Formation - Inspection/Sailors Creed/Cadet Oath	1900 Health and Fitness Training
0830 PRT	2000 Promotion Ceremony
0930 Health and Fitness Training	2000 Visitor Pickup
1130 Lunch	2130 Evening Routine
1300 Team Sports/Confidence Course	2200 Taps

14 JANUARY 2024

Division Officer: CWT2 Sandsness

Command Duty Officer: ENS Cochran

Drill Hours: Sunday, 0000-1100 Hours

Uniform of the Day

Officers/CPOs:
Cadets:

NWUs/PTUs
NWUs/PTUs

LPO: PO3 Paul
ALPO: PO3 Cuencar

Duty Medical: SN Smith
Duty MAA: SN Karr

DRILL ROUTINE

0729 Sunrise 0730 Reville 0730 Morning Routine (NWUs) 0815 Breakfast	0930 Annual Training 1100 Awards and Promotion Ceremony
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CO's Corner

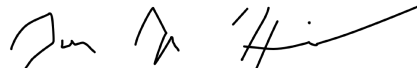
*Happy New Year!! Make some life goals, make accomplishments, be a doer! This year is going to be GREAT!
.- LT*

NOTES:

A) Drill Fee: \$30.

B) Disposable plastic bottles are not allowed. Refillable hydration bottles such as Nalgene, Swiss Gear etc... are allowed. **DO NOT FORGET WATER BOTTLE OR CAMELBAK. WE WILL NO LONGER BE PURCHASING WATER AS A STANDARD UNLESS WE HAVE DRILL OUTSIDE OF THE NOSC.**

C) Visitors. Arrive in weather appropriate suitable clothing preferable slacks and collared shirt for the parade. Unfortunately you are not authorized to stay the night until you are a registered Sea Cadet.



J. M. Heinen, LT, USN (Ret)
Commanding Officer
Alamo Battalion

Navy Bight of History: On Nov. 17, 1908, Roosevelt suggested to the Secretary of the Navy Truman Newberry that the Navy needed its own physical fitness test. Under Roosevelt's omnipresent watch, Secretary Newberry and Rear Adm. Presley Marion Rixey, Navy Surgeon General, developed a new annual endurance test worthy of the president (and arguably molded in his image!)

This new test gave officers the choice of completing one of three options: a fifty mile walk within three consecutive days and in total of twenty hours; a ride on horseback at a distance of ninety miles within three consecutive days; or a ride on a bicycle at a distance of 100 miles within three consecutive days.

Annex A: MISC Information

Sea Bag Packing List

Ground pad OR cot
Sleeping bag
Pillow
Small notebook/pen or pencil
Tennis Shoes
Boots
One set PT gear
One set NWUs
Towel
NWU cover and/or Alamo Battalion Basecap
Canteen/Camelback
Flashlight (optional)
Toiletries

Directions to Naval Reserve Center (NRC) (formerly NOSC)

1. Put SAMMC into your GPS - 3551 Roger Brooke Dr, Fort Sam Houston, TX 78234.
2. **IF YOU HAVE BASE ACCESS** continue onto base. **IF YOU DO NOT HAVE BASE ACCESS** upon arrival you will meet with an Active Duty Sailor (Petty Office Sandsness) at the visitor center to grant you access.
3. Drill is located at the Naval Reserve Center (NRC) (formerly NOSC) is located at 3837 Binz-Engleman Rd, San Antonio, TX 78219. It is the building across from the hospital and next to the parking garage with the big MARINE CORPS emblem on the side. **DO NOT PUT THE NRC ADDRESS INTO YOUR GPS.** It will bring you to a closed gate.

